

# Achieve Your Maximum Potential



With  
**Dr Michael Paterson OBE**  
Clinical Psychologist, Entrepreneur,  
Founder of TMR Health Professionals

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A 2 day weekend course in personal development

- \* have more balance in your life
- \* improve the quality of your relationships and other life experiences
- \* learn more about yourself and know how to change negative patterns that hold you back,
- \* identify what you want to achieve and receive and how to get it,
- \* learn how to be more productive and successful in pursuing your goals.

On Saturday 6<sup>th</sup> and Sunday 7<sup>th</sup> October 2012 in Belfast

**Free introductory session available**

Pinewood House \* 46 Newforge Lane \* Belfast BT9 5NW

